

# Medical Release Form

# ACADEMY STAFF



Name of Physician

**Frank Ford**

Physician Phone Number

Deep Run Head Boys Varsity Coach  
University of Richmond Graduate  
Health and Physical Education Teacher  
Head Coach Short Pump MS Boys 20 years  
Head Coach Girls Short Pump MS 16 years  
USSF National D License

Insurance Carrier

Policy Number

Signature of Parent or Guardian

Previously worked at DR Academy  
Former Division 1 Athlete at UR  
Coached clubs and many school teams  
Co-Owner Short Pump Sports Camp

Emergency Contact Information

Name

Phone Number

Relationship to the Participant

**Brooke Roney**

Deep Run Co-Head Girls Varsity Coach  
Deep Run Co-Head Girls JV Coach 2010  
U. of Richmond Asst. Women's Coach  
'03-'07  
U. of Richmond Camp Director 2003-2007  
U. of Richmond All-American 2000  
NSCAA National Diploma Coaching License  
VHSL Coaching License  
Worked JMU, UVA, & UR soccer camps

**Nicole Marks**

Deep Run Co-Head Girls Varsity Coach  
Deep Run Co-Head Girls JV Coach 2010  
Head JV Coach Maggie Walker 2001-2004  
U. of Richmond Camp Director 2002  
U. of Richmond Captain 1998-2000  
VHSL Coaching License  
Worked UVA & UR soccer camps

**Supporting coaches:** Andy Carrey- Head  
JV Boys, Thomas Coplan- JV Boys Asst., Blake  
Beach- Varsity Boys Asst.

## Cancellation Policy

1. Cancellation received more than 14 days prior to the event, the registration fee will be refunded, less 25% service fee
2. If cancellation takes place within 14 days of the event, the registration fee will not be refunded.

**Dates:** March 12th & 13th, 2011

**Location:** Deep Run H.S.  
Practice Fields  
(located behind the tennis courts)

**Times:** 2:00 - 4:00 pm

**Enrollment:** Open to Boys and Girls  
ages 6-11 (grades 1-6)

**Registration Fee:** \$52.00  
Enrollment is limited to 150

## THE PROGRAM

Deep Run Soccer Academy has a new format this year to better serve the player. Both the boys & girls will be grouped by grade-level and gender. Players will receive quality instruction from the DRSA staff and by the DRHS Varsity soccer players. Over the course of the academy, players will be instructed on passing/receiving, shooting, ball control, and tactics.

We provide an excellent coach-to-player ratio, as well as consistent coaching with our new station format.

Every participant will receive the following items included with registration:

**\*DR Soccer Academy soccer bag**

**\*One ticket to a DRHS soccer match**

## THE SCHEDULE

Below is an example of the new format and schedule for 2011:

2:00–2:10pm Group game/warm-up

2:15–2:35pm Station 1

2:40–3:00pm Station 2

3:05–3:25pm Station 3

3:30–3:50pm Station 4

3:50–4:00pm Cool down

### Stations are to include:

Passing/Receiving

Shooting/Juggling

Dribbling/first touch

Scrimmage/application of skill

## TRAINING ATTIRE

This is an outside event, dress appropriately for the weather. Wearing layers is highly recommended. Shin guards are required, and soccer cleats are recommended.

**\*\*Bring your soccer ball\*\***

**Deep Run Soccer Academy**  
Cut and mail this portion of the form to:

**Deep Run High School**  
**Attn: Frank Ford**  
**4801 Twin Hickory Rd.**  
**Glen Allen, VA 23059**

Make Checks Payable to Deep Run H.S.

Name \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

Phone \_\_\_\_\_

Grade \_\_\_\_\_

Gender \_\_\_\_\_

Current School Attending: \_\_\_\_\_

Choose the position that you prefer:

GK

Defender

Forward

Midfielder

### Parent Information

Name: \_\_\_\_\_

Email: \_\_\_\_\_

Cell Number: \_\_\_\_\_

### Questions or Concerns?

Please call 804.364.8000 or  
email [deeprunsoccer@gmail.com](mailto:deeprunsoccer@gmail.com)

